

Opening doors to volunteering

Attend
Academy

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Centre



European Year of Volunteering 2011

Workshops funded by the Cabinet Office for the European Year of Volunteering 2011
An ILM Development Programme, designed and delivered by Attend Academy

Supporting volunteers with mental health needs

One-day workshop 09.45 – 16.00

Aim of the Session:

To enable delegates to diversify their volunteer base by developing effective recruitment and retention strategies for volunteers with mental health needs

Learning Objectives

By the end of this session, delegates will:

- be able to relate the concepts of volunteering and mental health to their own situation
- clarify the key barriers to engaging with volunteers with mental health needs
- identify strategies to engage volunteers with mental health needs, applicable to their own situation
- feel confident to engage volunteers with mental health needs in their own programme
- have made a number of key contacts for future support and be able to access further resources

This workshop provides the opportunity for delegates to identify strategies to engage volunteers with mental health needs that are likely to be applicable to their own situation. Possible solutions to barriers amongst our existing volunteers to working with volunteers with mental health needs will be explored.

Outline agenda

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| 09.45 – 10:00 | Registration and coffee |
| 10.00 – 10.25 | Welcome, introductions & agreeing outcomes for the day |
| 10.25 – 10.45 | Volunteering and mental health – summary of research |
| 10.45 – 11.15 | Current good practice and identification of priority areas |
| 11.15 – 11.30 | Coffee |
| 11.30 – 12.45 | Discussion of current initiatives/work-streams |
| 12.45 – 13.30 | Lunch |
| 13.30 – 14.45 | Discussion of barriers faced and strategies for overcoming these |
| 14.45 – 15.00 | Coffee |
| 15.00 – 15.40 | Development of action plans and feedback |
| 15.40 – 16.00 | Summary and closing context |